



January 2024

## FEW Events/Highlights

**1/15/2024:**

Observance of Martin  
Luther King, Jr. Day

**1/16/2024:**

FTC General Membership  
Meeting

12:00PM ET

**1/17/2024:**

The Power of Mentoring:  
Unleashing Potential and  
Achieving Success in  
Partnership with  
Management Concepts

12:00PM ET

**1/24/2024:**

FEW D.C. Metro Region  
Monthly Meeting

12:00PM ET

# Federal Triangle Chapter Newsletter

## *“Making Our Voices Heard”*

Greetings FEW FTC and Happy New Year! I hope that everyone had a wonderful, safe, and restful holiday. As we gear up for the 2024 year and with the many things going on in the world, I believe that it is important to **make our voices heard**. An opportunity to have one’s voice heard can be accomplished in many ways both professionally and personally. During the 2024 calendar year, there will be opportunities for you to lead and enhance your skills through FEW at the local, regional, and national levels. I encourage each of you to take advantage of the opportunities and “unleash your full potential!”

Sincerely,

**Elena**

Elena P. Epps  
President  
Federal Triangle Chapter  
Federally Employed Women

## What’s New?

Please update your calendars! FEW FTC **general membership meetings** have moved to the **3<sup>rd</sup> Tuesday** of every month. The first meeting will occur via zoom on January 16, 2024 at 12:00 PM ET. Please check your calendar for the zoom link.

FEW FTC would like to welcome new members **Karma Ester** (Congressional Research Service), **Nadine Frederique** (Agency Unknown), and **McKenna Stahl** (Government Accountability Office)!

## FEW FTC Executive Committee

**ELENA EPPS**

President

**SABRINA RIDDICK**

Vice President

**ALTHEA SPROSTA**

Treasurer

**GEORGETTE HAGANS**

Immediate Past President

**ANJALIQUE LAWRENCE**

Communications Chair

**SARAH JACOBS**

Community Outreach &  
Diversity Chairs

**LATOYA DAVIS**

Compliance Chair

**ANGELA MOORE**

Legislative Chair

**KISHA EVANS**

Programming & Training Chair

**CATINA LATHAM**

Executive Advisor

## Diversity Observance



On January 15, 2024, we observed Martin Luther King Jr. Day, a federal holiday in the United States marking the birthday of Martin Luther King Jr. The day is observed on the third Monday of January each year. We hope everyone was able to take time to honor the life and legacy of Dr. Martin Luther King Jr., and acted within your communities by:

1. Engaging with your community in identifying needs, getting involved, and creating constructive action.
2. Acting on Dr. King's legacy of social justice and equity.
3. Recommitting yourself to volunteer to serve others by cleaning up a public space, mentoring a young person, or helping those who have food insecurities.

Quiz Time! What do you know about Martin Luther King Jr.? Test your knowledge of the civil rights icon. Click the image below.

**QUIZ TIME**

## Legislative News



As a reminder, FEW is advocating for the passage of several bills that support the organization's mission and impact women, families and those serving in the military. Please see the list below:

- **Comprehensive Paid Leave for Federal Employees Act ([H.R. 856/S. 274](#))**. This act would convert unpaid caregiving under the Family and Medical Leave Act to paid leave for federal employees. Please note that parental leave is currently paid.
- **Paycheck Fairness Act ([H.R. 1600/S. 728](#))**. This act is intended to modernize and strengthen the Equal Pay Act of 1963 to better combat pay discrimination and close the wage gap, including protecting workers from retaliation for discussing pay, banning the use of prior salary history, and codifying pay data collection.
- **Healthy Families Act ([H.R. 3409/S. 1664](#))**. This act is intended to set a national standard for paid sick and safe days to allow workers in businesses with 15 or more employees to earn up to seven job-protected paid sick and safe days each year.
- **FAMILY Act ([H.R. 3481/S. 1714](#))**. This act would provide workers with up to 12 weeks of partial income when they take time off work for their own serious health condition; the serious health condition of a family member; the birth or adoption of a child; to address the effects of domestic violence, sexual assault, or stalking; and for certain reasons related to military deployment.

## Fundraiser



We still have FEW mugs for sale. The mugs are \$15. We hope you continue to support our chapter by purchasing a mug! The mugs would be perfect for sipping that favorite hot beverage that many of us consume year-round, but especially this time of the year! **To purchase a mug, please contact, Anjalique Lawrence, at [anjalique@gmail.com](mailto:anjalique@gmail.com).** She will coordinate payment, shipping, delivery, or pick-up of mugs.

***Also, be on the lookout for other 2024 fundraisers!***

## Membership

FEW is a grassroots, private membership organization that works to improve the status of women employed by the federal government. FEW was founded in 1968 shortly after the government issued Executive Order 11375 which added sex-discrimination to the list of prohibited discrimination within the federal government. FEW's organization is three-tiered and consists of National, Regional, and Chapter levels. The three tiers work together to fulfill the goals of FEW's major program areas that include Training, Compliance, Diversity, and Legislative. The Federal Triangle Chapter is one of 25 chapters that make up the DC Metro Region.

### **Join FEW!!**

Annual dues are \$45 (\$25 for National dues and \$20 for Chapter dues).  
**It's a worthwhile investment in your professional development!**

# Contact Us

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# National Training Program



**SAVE-the-DATE**

**AUGUST 4 - 8, 2024**

**NATIONAL TRAINING PROGRAM**

**"UNLEASH YOUR FULL POTENTIAL: LEARN, RECALL, APPLY, REINFORCE!"**

HILTON CHICAGO | 720 South Michigan Avenue, Chicago, Illinois, 60605



**Save the Date!** The FEW NATIONAL TRAINING PROGRAM will take place from SUNDAY, AUGUST 4, 2024, TO THURSDAY, AUGUST 8, 2024, at the Hilton Chicago. The theme is "**Unleash Your Full Potential: Learn, Recall, Apply, Reinforce!**" The colors will be green, white, and purple. More information is forthcoming.

Pamela H. Richards  
National President

**LEVELING UP**  
*For Success*

Working for the Advancement  
of Women in the Government

